


# SEPTEMBER HIGH & MIDDLE MENU

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER

\*subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>No School</p>
<p>4</p> <p>No School</p>	<p>5</p> <p><b>MINI CORN DOGS</b>                      Potato Rounds                      Broccoli Pasta Salad                      Romaine Salad                      Cucumber Slices                      Fresh Fruit Variety                      Milk Variety</p>	<p>6</p> <p><b>POPCORN CHICKEN BOWL</b>  <b>DINNER ROLL</b>                      Romaine Salad                      Carrot Snack Pack                      Celery sticks &amp; Hummus                      Fresh Fruit Variety                      Milk Variety</p>	<p>7</p> <p><b>CHICKEN NUGGETS W/ SOFT PRETZEL</b>                      Romaine Salad                      Grape Tomatoes                      Fresh Fruit Variety                      Milk Variety</p>	<p>8</p> <p><b>GARLIC CHEESE PIZZA</b>                      Romaine Salad                      Cucumber Slices                      Grape Tomatoes                      Fresh Fruit Variety                      Milk Variety</p>
<p>11</p> <p><b>MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES</b>                      Romaine Salad                      Wango Mango Juice                      Fresh Fruit Variety                      Milk Variety</p>	<p>12</p> <p><b>CHICKEN QUESADILLA</b>                      Chipotle Black Beans                      Romaine Salad                      Applesauce Cup                      Fresh Fruit Variety                      Milk Variety</p>	<p>13</p> <p><b>MEATBALL SUB SANDWICH</b>                      Baked French Fries                      Romaine Salad                      Salsa                      Fresh Fruit Variety                      Milk Variety</p>	<p>14</p> <p><b>TANGERINE CHICKEN BOWL</b>                      Mixed Vegetable                      Romaine Salad                      Cucumber Slices                      Fresh Fruit Variety                      Milk Variety</p>	<p>15</p> <p><b>CHEESE FILLED BREADSTICK W/ MARINARA SAUCE</b>                      Romaine Salad                      Fresh Fruit Variety                      Milk Variety</p>
<p>18</p> <p><b>TURKEY KIELBASA</b>                      WG Hoagie Bun                      Peppers/Onions                      Baked French Fries                      Romaine Salad                      Applesauce, Plain                      Fresh Fruit Variety                      Milk Variety</p>	<p>19</p> <p><b>WALKING BUFFALO CHICKEN NACHOS</b>                      Chipotle Black Beans                      Romaine Salad                      Salsa                      Grape Tomatoes                      Fresh Fruit Variety                      Milk Variety</p>	<p>20</p> <p><b>PENNE PASTA W/ MEAT SAUCE</b>  <b>DINNER ROLL</b>                      Mixed Vegetable                      Romaine Salad                      Carrot/Celery Sticks                      Fresh Fruit Variety                      Milk Variety</p>	<p>21</p> <p><b>CRISPY CHICKEN PATTY-Spicy or Plain</b>                      Baked French Fries                      Romaine Salad                      Grape Tomatoes                      Fresh Fruit Variety                      Milk Variety</p>	<p>22</p> <p><b>BIG DADDY'S PEPPERONI PIZZA</b>                      Romaine Salad                      Cucumber Slices                      Celery Sticks                      Fresh Fruit Variety                      Milk Variety</p>
<p>25</p> <p><b>WALKING TACO W/ BAKED TORTILLA CHIPS</b>                      Chipotle Black Beans                      Romaine Salad                      Salsa                      Fresh Fruit Variety                      Milk Variety</p>	<p>26</p> <p><b>ALL AMERICAN CHEESEBURGER</b>                      Baked French Fries                      Romaine Salad                      Wango Mango Juice                      Fresh Fruit Variety                      Milk Variety</p>	<p>27</p> <p><b>CHICKEN AND VEGETABLE ASIAN DUMPLING</b>                      Mixed Vegetable                      Romaine Salad                      Grape Tomatoes                      Fresh Fruit Variety                      Milk Variety</p>	<p>28</p> <p><b>MINI PANCAKES, SAUSAGE LINKS, AND HASH BROWN POTATO TRIANGLES</b>                      Romaine Salad                      Cucumber Slices                      Fresh Fruit Variety                      Milk Variety</p>	<p>29</p> <p><b>GARLIC CHEESE PIZZA</b>                      Romaine Salad                      Celery sticks &amp; Hummus                      Fresh Fruit Variety                      Milk Variety</p>

This year we are serving **FRESH APPLES** picked from **Bauman's Apple Orchard** in Rittman , OH. Each month we will feature a different variety of apple on our menu freshly picked from the Orchard and delivered directly to our schools **offered at lunch and breakfast to our students.** We are **OHIO PROUD** supporting our local farms and serving farm fresh produce to our students.

Secondary Lunch \$4.00  
 Secondary Breakfast \$2.25  
 Milk .50

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